## Myopathies and Muscular Dystrophies

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# **Skeletal Muscle**

- Three types of muscle:
  - Skeletal
  - Cardiac
  - Smooth
- Over 640 skeletal muscles in the human body



# Anatomy of Skeletal Muscle

- Muscles
  - composed of
- Fascicles
  - which contain many
- Fibers
  - that are filled with
- Myofibrils
  - the contractile component of muscles





# Nomenclature

#### Definition

- Muscular dystrophies are genetic, progressive, degenerative disorders of muscle
  - Muscle weakness is the primary symptom
  - Clinical and histologic criteria have been used in the past for classification



#### Definition

- Now muscular dystrophies are mostly classified on a genetic basis
- Thus, we often refer to them by the broader moniker of:
  - Genetic muscle diseases

### Why Should We Care?

- 200+ genetic muscle diseases
- Overall minimum prevalence of symptomatic disease ~1 in 1,000 (100/100,000)
  - Similar to multiple sclerosis
  - Dystrophinopathies 23/100,000
  - Myotonic dystrophies 1 & 2 14/100,000
  - FSHD 18/100,000
  - LGMD 7/100,000
  - All others ~30/100,000

![](_page_10_Picture_0.jpeg)

![](_page_11_Picture_0.jpeg)

![](_page_12_Picture_0.jpeg)

#### Pattern of Muscle Involvement Varies

![](_page_13_Figure_1.jpeg)

# **Limb Girdle Muscular Dystrophies**

### Limb Girdle Weakness

 "Post-natal onset of progressive weakness and muscle atrophy affecting proximal muscles of the upper and lower extremities"

![](_page_15_Figure_2.jpeg)

### Limb Girdle Weakness

- >50 autosomal recessive LGMDs
- >10 autosomal dominant LGMDs

![](_page_16_Picture_3.jpeg)

![](_page_17_Picture_0.jpeg)

#### LGMD Relative Prevalence in USA

- Calpain-3 = 15%
- Dysferlin = 10%
- Sarcoglycans = 10%
- FKRP = 10%
- Anoctamin-5 = 10%
- Lamin A/C = 5%
- All others 40%
  - Extracellular matrix-related proteins
  - Pompe disease
  - VCP
  - RYR1-related myopathies

![](_page_18_Figure_12.jpeg)

#### RYR1

#### Not uncommon among LGMD patients

22

Table 1	LGMD genes <sup>22</sup>		
Disease	Locus	Gene	No. of patients
LGMD1B	1922	LIMNA.	3
LGMD1C	3p253	GM/3	2
LG MD 2A	15q15	CAPN3	22
LGMD2B	2p13.2	DYSF	15
LGMD2C	13q12	SGCG	4
LGMD2D	17921	SGCA	10
LGMD2E	4q12	SGC8	6
LGMD2G	17q12	TCAP	1
LGMD2H	9q33.1	TR/M22	1
LGMD:21	19q13.3	RIRP	7
LGMD2J	2q243	TIN	5
LGMD2K	9q34.1	POMT1	1
LGMD2L	11p13	ANO.5	15
LG MD 2 M	9q31	RON	2
LGMD2N	14q24	POMT2	6
LGMD2R	2q35	DES	1
LGMD2S	4q35.1	TRAPPOID	2
LGMD2T	3p21	GMPPB	2
LGMD2V	17a25	GAA	10

Table 2 Other m	yapathy genes	
locus	Gene	No. of patients
194213	ACTA1	2
1µ21	AGL	2
219223	COL6A2	4
2q37	COLEAS	1
11q22.3-q23.1	CRYAB	1
Χμ21.2	DMD	7
19p13.2	DNM2	5
Xq28	EMD	1
7q32	FLAC	4
17925.2-925.3	GLA	1
3p12	GNE	3
3µ22.1	G7DC2	1
3q24	GYG1	1
12413.2	/TGA.7	2
6q22-q23	LAMA2	8
Xq28	M7M1	5
17µ13.1	MYH2	1
14q12	MY247	8
5q31	MYOT	1
2q23.3	NEB	9
11q12-q13.2	PYGM	3
20er13	RYR1	25

#### LGMD and Other Muscular Dystrophies

![](_page_20_Figure_1.jpeg)

Multiple, overlapping phenotypes associated with numerous gene loci

# Nomenclature (again)

### Phenotype? Pathology? Genotype?

- Phenotype what does the patient look like?
  - Malignant hyperthermia or LGMD or exercise-induced rhabdomyolysis
- Histologic features what does the muscle biopsy look like?
  - Central core disease or multi-minicore disease or centronuclear myopathy
- Genetic what protein or gene needs fixing???
  - Ryanodine receptor related myopathy
  - RYR1-associated muscle disease

# TREATMENT => Transition to Genetic Therapies

#### Successes in Genetic Therapies

- AON in DMD
- Viral vector gene therapy (DMD, LGMD 2B, 2C, 2D, 2E, 2L)
- Dual cassette viral vector mini-dystrophin
- Microdystrophin
  - In the GRMD model

# Adeno-Associated Virus (AAV)

- Non-pathogenic
  - Invades cells, but no disease

![](_page_25_Picture_3.jpeg)

• Of over 100 AAV serotypes

-Only ~6 widely used (AAV1, AAV5, AAV6, AAV8, AAV9, <u>AAVrh74</u>)

#### Adeno-associated Virus (AAV) is a Delivery Vehicle

![](_page_26_Figure_1.jpeg)

#### Viral Genes are Removed From AAV

![](_page_27_Figure_1.jpeg)

#### Non-Human Primate - Intramuscular

![](_page_28_Figure_1.jpeg)

Sondergaard, P. C., Griffin, D. A., Pozsgai, E. R., Johnson, R. W., Grose, W. E., Heller, K. N., ... & Sahenk, Z. (2015). AAV. Dysferlin overlap vectors restore function in dysferlinopathy animal models. Annals of clinical and translational neurology, 2(3), 256-270.

![](_page_29_Picture_0.jpeg)

#### Dose escalation in 6 non-ambulatory LGMD2B patients

Mendell, J. (2008). Gene Therapy for Muscular Dystrophy, A Decade of Research and Challenges.

# LGMD2E Gene Therapy- Gene Replacement for Beta Sarcoglycan

Human Phase 2 Systemic Therapy Trial Underway

- => 2 subjects dosed
- 83-98% transfection rates

### **Successes in Genetic Therapies**

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#### Long-term microdystrophin gene therapy is effective in a canine model of Duchenne muscular dystrophy

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Nat. Commun. 8, 16105 doi: 10.1038/ncomms16105 (2017)

#### Microdystrophin Gene Therapy

![](_page_32_Figure_1.jpeg)

#### Microdystrophin Gene Therapy

![](_page_33_Figure_1.jpeg)

Le Guiner C, Servais L, Montus M, et. al. NATURE COMMUNICATIONS | 8:16105 | DOI: 10.1038/ncomms16105

![](_page_34_Picture_0.jpeg)

![](_page_34_Picture_1.jpeg)

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